

Do it yourself Hand Sanitizer

Key point

- The [CDC recommends](#) using hand sanitizer with at least 60% alcohol content.

N.F. Clark's home-made hand sanitiser

- How to make hand disinfectant from “Methylated Spirits”
- Methylated spirits widely available in “hardware” stores in most “markets”
 - It contains 90%+ ethanol, 5%- isopropanol (2-propanol), 5%- methyl ethyl ketone (butanone), and 0.5%- bitrex (denatonium benzoate)
 - As effective as 70% alcohol as a disinfectant

WHO Guide to Local Production: Recommended Handrub Formulations

- Details how to make WHO Handrub formulations
- Good recipe for hospital pharmacy to make large volume

